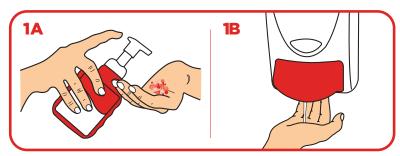


## HAND HYGIENE TECHNIQUE WITH ALCOHOL BASED HANDRUB



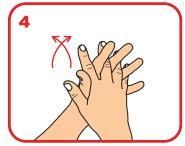
Apply a palmful of the product in a cupped hand, covering all surfaces



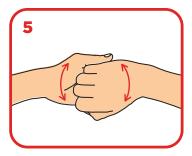
Rub hands palm to palm



Rub backs of hands with fingers interlaced



Rub palm to palm with fingers interlaced



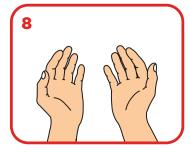
Work around fingers and nails



Rotational rubbing around thumbs



Scrub finger tips on palm



Allow to dry

Duration
of the entire
procedure:
at least 30
seconds

Duration for aseptic procedures: 60 seconds

Adapted from World Health Organization Guidelines on Hand Hygiene in Health Care 2009